

## Baseball Pitcher Eligibility Tracking Form

League Name: \_\_\_\_\_

Division: **14 Year Old (Junior League)**

Team Name: \_\_\_\_\_

Date of Game	Pitch Count	Pitcher's Name	Uniform Number	League Age	Team Manager's Signature*	Opp Manager's Signature*	Scorekeeper/ Ump Signature*	Game of Rest Req'd?	Eligible to pitch again on (date) if req'ment for game rest is met
								Yes / No	
								Yes / No	
								Yes / No	
								Yes / No	
								Yes / No	
								Yes / No	
								Yes / No	
								Yes / No	
								Yes / No	
								Yes / No	
								Yes / No	
								Yes / No	
								Yes / No	
								Yes / No	
								Yes / No	
								Yes / No	

The pitching eligibility regulation is covered under Regulation VI (per the 2023 Rulebook).  
 League age 13-16 is 95 pitches per day.

**Note 1: A pitcher's count for the purposes of day(s) rest threshold is determined by the first pitch thrown to the batter.**

**Note 2: A pitcher who delivers 41 or more pitches in a game (and is not covered under the threshold exception) cannot play the position of catcher for the remainder of that day.**

**Note 3: Any player, who has played the position of catcher in four (4) or more innings in a game, is not eligible to pitch on that calendar day.**

**Note 4: Any Junior or 50/70 pitcher remaining on defense in the game, but moving to a different position, can return as a pitcher once per game.**

Per Regulation VI(d) Note: Under no circumstances shall a player pitch in three (3) consecutive days. Pitchers age 14 and under must adhere to the following rest requirements. If a player pitches 66 or more pitches in a day, four (4) calendar days of rest must be observed. If a player pitches 51 - 65 pitches in a day, three (3) calendar days of rest must be observed. If a player pitches 36 - 50 pitches in a day, two (2) calendar days of rest must be observed. If a player pitches 21 - 35 pitches in a day, one (1) calendar day of rest must be observed. If a player pitches 1-20 pitches in a day, no (0) calendar day of rest is required. A player may be used as a pitcher in up to two games in a day. ***Exception:** If the player pitches more than 30 pitches in the first game (and is not covered by the threshold exception), that player may not pitch in the second game on that day.*

\* Note: These signatures may be optional as determined by the local league.